

PHYSICIAN'S STATEMENT OF DELEGATED AUTHORITY

Effective September 1, 2023, Texas Occupations Code 451 defines the following:

- “Athletic Injury” means an injury sustained by a person as a result of physical activity or exercise or the person’s participation in an organized sport or sport-related exercise or activity, including interscholastic, intercollegiate, intramural, recreational, semiprofessional, and professional sports activities.
- “Athletic Trainer” a person who practices athletic training, is licensed by the department, and may use the initials “LAT”, “LATC”, and “AT” to designate the person as an athletic trainer.
- “Athletic Training” means the form of health care that includes principles and methods for managing and treating athletic injuries for athletic individuals in good general health under the direction of a physician licensed in the state or another qualified, licensed health professional who is authorized to refer for health care services within the scope of the person’s license and consists of:
 - Managing the risk of injury or
 - Preventing an athletic injury or illness;
 - Assessing an athletic injury or illness;
 - Providing immediate emergency care;
 - Providing therapeutic intervention for an athletic injury; and
 - Reconditioning an athletic injury or illness.

Texas Occupations Code 157 defines Authority of a Physician to Delegate certain medical acts.

- A physician may delegate to a qualified and properly trained person acting under the physician’s supervision any medical act that a reasonable and prudent physician would find within the scope of sound medical judgment to delegate if, in the opinion of the delegated physician:
 - The act
 - Can be properly and safely performed by the person to whom the medical act is delegated;
 - Is performed in its customary manner; and
 - Is not in violation of any other statute; and
 - The person to whom the delegation is made does not represent to the public that the person is authorized to practice medicine.
- The delegating physician remains responsible for the medical acts of the person performing the medical acts.

The medical acts, procedures and modalities that may be performed under the direction of a licensed physician by _____, include but are not limited to the following:

- The practice of prevention of, evaluation of, emergency care for, physical reconditioning and/or rehabilitation of athletic injuries and illnesses;
- The use of physical modalities such as heat, cold, sound, electricity or mechanical devices related to rehabilitation or treatment;
- The employment of rehabilitative techniques including but not limited to joint mobilization, massage, rehabilitative exercise, instrument assisted manual therapy; and
- The dispensing of over-the-counter medications, i.e. ibuprofen, naproxen, acetaminophen, antacids, and diarrhea medications when indicated by symptoms.

I understand that I may amend, expand or rescind the above provisions at any time. This document does not supersede or invalidate written policies and procedures guiding respiratory care services that are required by any accrediting certification and licensure authorities which specify who may perform specific procedures and/or instruction, under what circumstances, and what degree of supervision. This document is valid only when the athletic trainer practices within the above stated scope of their license and under the direction of the licensed physician.

Licensed Physician’s Name	Licensed Physician’s Signature	Texas license Number	Date
Licensed Athletic Trainer Name	Licensed Athletic Trainer Signature	Texas License Number	Date