

Excellence in Secondary School Athletic Training (ESSAT-C) Certificate

In collaboration with the Board of Certification (BOC) and Quadterion LLC, a subsidiary of the BOC, to ensure that the assessment for the ESSAT Certificate Program meets the highest standards of quality.



Excellence in ESSAT-C Required Courses:

<p>ESSAT Business Administration</p> <p>CERTIFICATE</p> <p>BA-1 Show Value: Developing & Promoting the SSAT</p>	<p>ESSAT Business Administration</p> <p>CERTIFICATE</p> <p>BA-2 How to Document with Limited Time for the AT</p>	<p>ESSAT Business Administration</p> <p>CERTIFICATE</p> <p>BA-3 Athletics Healthcare Administrator</p>	<p>ESSAT Business Administration</p> <p>CERTIFICATE</p> <p>BA-5 Onboarding of New Staff</p>	<p>ESSAT Business Administration</p> <p>CERTIFICATE</p> <p>BA-7 Securing School or Team Physician</p>	<p>ESSAT Business Administration</p> <p>CERTIFICATE</p> <p>BA-8 Policy and Procedures Manual Development</p>
<p>ESSAT Clinical</p> <p>CERTIFICATE</p> <p>C-1 Who Helps You Initiate Positive Change?</p>	<p>ESSAT Clinical</p> <p>CERTIFICATE</p> <p>C-3 Emergency Action Plan for Mental Health</p>	<p>ESSAT Clinical</p> <p>CERTIFICATE</p> <p>C-4 Improving the Eating Habits of High School Athletes</p>	<p>ESSAT Clinical</p> <p>CERTIFICATE</p> <p>C-5 Nutritional and Supplementation Needs for the Injured Athlete</p>	<p>ESSAT Clinical</p> <p>CERTIFICATE</p> <p>C-6 Working with Other Healthcare Providers</p>	<p>ESSAT Clinical</p> <p>CERTIFICATE</p> <p>C-7 AT/School Nurse Relationship</p>
<p>ESSAT Clinical</p> <p>CERTIFICATE</p> <p>C-8 The KEY'S to Enter Physician's Offices</p>	<p>ESSAT Clinical</p> <p>CERTIFICATE</p> <p>C-9 Mental Health Application Considerations</p>	<p>ESSAT Clinical</p> <p>CERTIFICATE</p> <p>C-10 Emergency Action Planning</p>	<p>ESSAT Specialty Topics</p> <p>CERTIFICATE</p> <p>ST-7 Help Me Help You</p>	<p>ESSAT Specialty Topics</p> <p>CERTIFICATE</p> <p>ST-15 Navigating Workplace Transitions</p>	<p>ESSAT Safety</p> <p>CERTIFICATE</p> <p>S-2 PASS: Get Coaches / Admins Engaged in Safe Sport</p>
<p>ESSAT Safety</p> <p>CERTIFICATE</p> <p>S-3 Ethical and Legal in Athletic Training</p>	<p>ESSAT Safety</p> <p>CERTIFICATE</p> <p>S-6 Clinical vs Admin Data to Initiate Positive Change</p>	<p>ESSAT Safety</p> <p>CERTIFICATE</p> <p>S-7 Using the BOC Facilities Principles Resource for Best Practices</p>	<p>ESSAT Safety</p> <p>CERTIFICATE</p> <p>S-11 KSI Advocating for the Athletic Trainer</p>		

www.essat.ebpcentral.com

“Completing the Excellence in Secondary School Athletic Training (ESSAT-C) Certificate Program was an incredibly valuable experience.

Working through 22 comprehensive courses, I gained knowledge that covered every aspect of working in the secondary school setting.

The information I gained through this program has been directly applicable to my daily practice as an athletic trainer, enhancing both my confidence and effectiveness in serving my student-athletes.

I highly recommend the ESSAT-C Program to anyone looking to strengthen their knowledge and elevate their impact in the secondary school setting.”



Mackenzie Harmon, MS, LAT, ATC
Executive Board, OATA
Advanced Orthopedics of Oklahoma
Union High School
Tulsa, OK

Show & Improve Your Value as a Secondary School AT

- Strengthen Administrative Skills
- Acquire New Tools & Additional Resources
- Align Values of ATs, AD, Administration, District, and Health System
- Create an Athletic Training Healthcare Facility
- Improve the Quality of Patient-Centered Care

ESSAT provides hands-on learning experiences that supports ATs the complexities of developing and implementing effective ATR programs. It equips ATs with practical business administration tools and a wealth of resources to support their success.

In addition, ESSAT educates both athletic trainers and their employers on best practices to reduce liability and enhance operational standards. Ultimately, ESSAT is designed to empower SSATs and advance the profession of athletic training.

The ESSAT Program is part of the Excellence in Athletic Training Programs, which includes other certificates such as Excellence in Collegiate Athletic Training (ECAT-C) for collegiate ATs and specialized microcredentials that further support professional growth across all AT settings.

Excellence in Athletic Training Programs Co-Founders

[Click for List of Esteemed Faculty](#)



Larry Cooper
MS, LAT, ATC

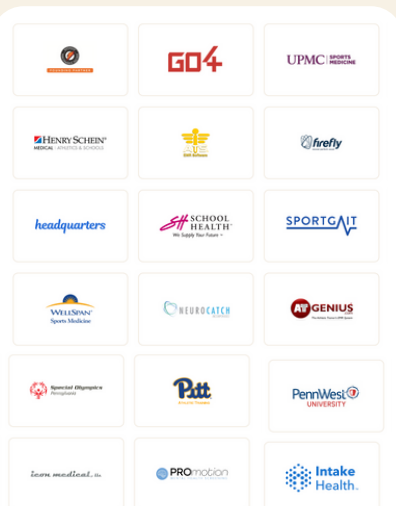


Randy Cohen
AT, ATC, DPT



Labiba Russo
EBPcentral

ESSAT-C Partners & Course Sponsors



“With over 20 years of experience in the secondary school setting, I have found this program to be imperative to continued growth and success in only providing my student-athletes the high quality care they deserve, but also maintaining a standard of professionalism and excellence for myself as a SSAT.

This program as a whole is AWESOME, but more specifically, this program is a unique and invaluable educational experience in which any secondary school athletic trainer can benefit.”



Katie Bartosik, MEd, LAT, ATC, CES
Executive Board, PATS
NovaCare Rehabilitation
Upper Dublin High School
Ft. Washington, PA