



**Texas State Athletic Trainers' Association  
Regional Director's Meeting Minutes  
July 23, 2009  
Arlington, Texas**

**Welcome and Call to Order, Cathy Supak, Chair**

Board Chair Cathy Supak called the meeting to order at 7:05 AM

**Role Call:**

Spanky Stephens, Executive Director  
Nancy Vanley, Region 1 Director (Late arrival)  
William Schneider, Region 2 Director  
Mark Chisum, Region 3 Director  
Mike Carrol, Region 4 Director  
Scott Galloway, *Region 4 Incoming*  
Dan Fuller, Region 5 Director, Board Vice Chair  
Cathy Supak, Region 6 Director, Board Chair  
Josh Woodall, Region 7 Director, Board Secretary/Treasurer  
Lee Knox, Region 9 Director  
Stephanie Keiningham, Parliamentarian  
Robert Ramos, Executive Secretary

**Discussion and Approval of Minutes from Mid-Winter Meeting February 2009**

- Mark Chisum makes a motion to accept the minutes from Mid-Winter 2009, William Schneider seconds the motion. There is no discussion, the motion passes unanimously.

**Executive Director's Report, Spanky Stephens**

**Corporate Sponsors**

- Two new sponsors, Texas Kids 1<sup>st</sup> (Insurance Company) \$10,000 sponsorship Jones & Bartlett (Publishing Company). \$3,000 annually and a percentage of book sales.

**Hill Co Partners Lobbyist & Gatekeepers Fund**

- Hondo asks if we still use the handouts advertising/asking for contribution to the Gatekeepers fund, Cathy says that we have not used recently but we may want to revisit.

**TSATA apparel Vendor update**

- Spanky is researching an apparel vendor, but we are not going to use the company that SWATA uses.

**Mueller Scholarship receipts**

- Spanky checked with Dale from Mueller at SPATS and at that time only two people had submitted invoices to Mueller. We need to remind people to submit their invoices before the end of the calendar year.

#### **Grants for athletic trainers**

- Spanky would like to begin offering grants in the amount of \$300 that school districts can make application for. The school district would not receive the grant money, rather they would specify a piece of equipment or supply list that would be purchased through Alert Services and the TSATA would apply \$300 toward their cost. A lottery system would be used to select the recipient. Spanky proposed \$10,000 be dedicated to this, 30 schools would receive the \$300 grants and 1 school would receive a \$1,000 “grand prize”.

#### **Board enters executive session at 7:20 am**

#### **Board re-convenes regular session at 7:45 am**

#### **Vice- Chair’s Report, Dan Fuller**

##### **Committee Restructure Report**

- Restructured COR to ICE which is an at-large committee; Public Relations is a regionally based committee but may also be at-large having more than one member per region; Governmental Affairs is an at-large committee; Secondary Schools Committee is regionally based but like PR may have more than one member per region; College and University Committee is at-large; Young Professionals Committee is at-large. Divisions that have been created are: UIL Division; Sports Medicine and TEA Division; Membership Communications Division; Web Division.

##### **Elections**

- Only one region had an election, Regions 1 & 7 were uncontested. Region 4 held an election in which Scott Galloway was elected to serve as Regional Director. The total cost of the election was \$ 336.48
- Dan Fuller makes a motion that the board certify the May 18<sup>th</sup> election results with Scott Galloway winning, William Schneider seconds the motion: There is no discussion, the motion passes unanimously with Mike Carroll and Ed Mizicko not present to vote.

##### **Membership**

- Online directory is up and running with a members only password. Currently there are 1,218 paid members not including any that have registered and paid at NATA or SWATA, Dan estimates that at the current rate there should be 1,425 by the end of the summer.
- Dan will create a membership volunteer form which Josh will post on the website so that members interested can submit an online form.

#### **Secretary-Treasurer’s Report, Josh Woodall**

##### **Financials**

- The current financial state of the association is good. In February the Board of Directors voted to put money into CD’s and a Money Market Account at our bank and

weigh that with the option of utilizing an investment firm. At this time the Treasurer recommends that we continue to utilize services offered at Guarantee Bank, to date the association has made \$343.59 in interest (6 months time).

- Josh thanks Spanky for his help in making the financials easier to track and maintain.
- William Schneider makes a motion to accept the financial report, Mark Chisum seconds the motion: There is no discussion, the motion passes unanimously with regions 4 & 8 absent.

## **VI. Regional Directors' Reports**

### **Region II**

- Trouble getting members involved in the region

### **Region III**

- Concurs with Region II, it is difficult to get people involved in the region.

### **Region VI**

- GHATS will be changing the program to add CEU's for professionals
  - TSATA will present prior to lunch in the future to allow for more time.

### **Region VII**

- Innovative Sports Medicine Symposiums will host CE's on a cruise ship during the summer of 2010; encourage anyone interested to look into this opportunity.

### **Region IX**

- Student athletic trainer workshop in Beeville, emphasis on Rodeo and extreme sports.
- SPATS was well attended
- CBATS had its annual fishing tournament, went well.

## **Committee and Task Force Reports**

Cathy thanks Jeff Mann for his work in creating the Secondary Schools Committee.

### **Secondary Schools Athletic Trainers, Jeff Mann**

- 22 people on committee
- Completed location project, this project was used to determine if the schools had a full time athletic trainer, the number of full time athletic trainers on staff or if the school had access to a full time athletic trainer. 1,260 schools were surveyed; there was some improvement in the number of athletic trainers at 3A and 4A high schools as well as an increase in the number of 5A high schools that have 3 full time athletic trainers.
- 88 people visited the TSATA booth at the girls coaching school, 309 people visited during boys coaching school. 5 people that visited during boys coaching school asked for information about the NATA heat illness guidelines. 6 of the people who visited during boys coaching school were athletic trainers; everyone was pleased to see TSATA having a booth.
- Committee members are allowed to serve 2 terms, members are reviewed at the same time that the regional director is up for election at which time the committee chair will review the members performance and recommend a 2<sup>nd</sup> term if applicable.

### **TEA Curriculum Committee Reports, Dennis Hart, Chair**

- There were 65 attendees at the Sports Medicine Instructors course in Arlington out of 70 who registered.
- Cancelled Tyler and Prude Ranch courses
- Mr. Hart wants to consider lowering the required number of participants to 5 from 10, he states that 5 people is the “bare bones break even point”.
- Mr. Hart would like to recommend a specific text book, Concepts in Athletic Training. The committee has decided to go with this book because in the Essentials of Athletic Training book the treatment for exertional heat illness is outdated. The group was already considering the concepts book, when this fact was brought to their attention the decision was made to recommend the concepts book.
- No longer a need to advertise SM II as a separate course.
- The course is being updated, and the application is being made to the TEA to renew the course.
- Re-certification workshop, this would be a discussion, workgroup type program that would serve as an update.
  - Josh asks what the discussion was on the re-certification workshop as far as the TEA is concerned since there was concern about this previously
  - Spanky states that he was contacted by Marissa (Rathbone of the TEA) who said that it has been three years now and after this year there needs to be a re-certification course. Those that have been certified to teach the class would come back at a much reduced fee, when they come in they will be given a new notebook, slides, CD’s, access to all the new information, etc. This way every three years everyone is on the same page no mater what school they are at.
  - Josh asks if this is voluntary or mandatory.
  - Spanky states that it is mandatory because this is something the TEA has requested us to do.
- Cathy asks Mr. Hart where we need to offer the course in the future.
  - Mr. Hart suggests that Prude Ranch is not the place to go, the interest there is low. William Schneider states that the people he asked while he was there where not interested.
  - Spanky asks Nancy if it is prudent to go to El Paso, Lubbock every three years due to lower interest, she agrees that this is prudent.
  - Dennis would like to consider going to the Dallas/Ft. Worth metorplex twice next year. He would also like to consider backing up the metorplex course to not coincide with SWATA to reduce people load around this time.
  - Josh asks if the feedback has suggested that people would rather not take the course coinciding with SWATA, as this was the original plan in order to make it more convenient for people who would already be in the metorplex.
  - Mr. Hart states that there were probably about as many people who came for the course and left as those who came for the course and stayed for SWATA.
  - Dennis recommends offering the SM course in Houston, Tyler, Metroplex and SPATS.

#### **Industrial, Clinical, Emerging Practices, Rob Sandman, Chair**

- Need members, currently there are 4 members of this committee
- Mr. Sandman estimates a possible need for a budget of \$500

- Cathy recommends finding out what members have dual credentials, military, etc. to get them involved with this committee.

#### **iLead- Emily Jones, TSATA Representative**

- Emily thanks the Board for sending the two students to the iLead program
- There were 5 different sessions in the program
  - Personality and leadership style session
  - Perks and Perils of social media
  - Round table discussions with perspective work settings
  - Speed interview session
  - Legislative briefing session
- Cathy thanks Emily for participating and making the state proud.
- Cathy asks Emily to serve as an advisor to the College and University Committee since she has some experience now in this type of setting.
- Spanky asks if Emily would be interested in doing this on the state level now that she has had this experience, Emily states that she would absolutely be interested.
- Dan Fuller states that now that Emily has had this experience he would like to see her get other students involved at the state level by bringing them with her in the future.

#### **Public Relations, Scott Galloway, Chair**

- Mr. Galloway would like to see more involvement between PR and other committee's, especially membership.

#### **UIL Medical Committee, Hondo Schneider Liaison-Chair**

- UIL Steroid Testing Program, the budget has been cut but the number of schools tested will remain the same; however, the number of students from each school tested will decrease.
- The NATA's heat statement will be discussed in October at the MAC meeting.
- SB 82 is in full effect, implementation is the responsibility of the Superintendent or his designee.
- Pregnant athletes, the UIL has no position on this issue it is between the school and the student's doctor and family.

#### **Governmental Affairs, Dan O'Conner, Chair-report submitted**

- Governmental Affairs Committee Chair Dan O'Conner has stepped down but will continue to serve until replaced.
- At Capital Hill Day in Austin, February 9, 2009 we had 9 TSATA members who attended. Between the 9 members who attended 50 offices of state representatives and senators were visited.
- There were a few bills with potential implications for athletic trainers filed but none made it out of committee.
- TSATA was represented by 30 members in Washington DC during the NATA Hit the Hill Day, TSATA Board members Cathy Supak, Mike Carroll and Josh Woodall were in attendance.

#### **Previous Business**

##### **Texas Advisory Board of Athletic Trainers- David Weir**

- Before beginning his report, Mr. Wier would like to know how the TSATA College and University Committee will function with and not against the SWATA College and University Committee.
  - Cathy states that the TSATA College and University Committee is still in its formation but will work in cooperation with the SWATA committee. This committee will focus on issues that are related to state issues such as the SM I&II Instructors course which are not district related. This committee is also being formed to help discover what the TSATA can do for members who work in the college or university setting.
- David Weir, Chair of the Advisory Board of Athletic Trainers and Stewart Myrick, Executive Director are present to present a report from the Advisory Board.
- Mr. Weir encourages everyone to make sure that they stay on top of their license. It is very important that address/contact information stay current. By law, similar to a driver's license, a person holding a LAT must notify Austin within 30 days of an address/contact change.
- Sunset review has been pushed to 2013
  - The Advisory Board of Athletic Trainers is not the sole entity being reviewed during Sunset, it is DHS as a whole that is reviewed, the Advisory Board is only one item under the DHS umbrella. One reason that the Advisory Board might be looked at during Sunset review would be if there are major issues such as significant amounts of complaints were to be filed, etc.
- Jurist Prudence Exam – looking to bring online January 2010, initially will be for new applicants.
  - Josh Woodall asks if this will apply to license renewals later.
  - Mr. Weir states that this is possible; it is set up as a no fail exam but completion style.
  - Mr. Myrick states that although there will be a cost associated with the Jurist Prudence Exam, the written portion of the state exam will be lowered by that amount to offset this expense.
  - Dan Fuller asks if lowering the cost of the exam will adversely affect the profitability of the Advisory Board of Athletic Trainers. Mr. Myrick states that this will not at all affect this area.
- Mark Chisum states that he has been asked by students from his program why it takes so long to get the results after taking the state exam. If a student takes the exam in December (for those graduating mid-term), if it takes a month to get the results the next semester has already started making it more difficult for them to get a job. He would like to know if there is any way to speed up this process.
  - Mr. Myrick states that this is an area they are looking at. It is a matter of figuring out how to do this with the resources available to them. There are 22 different licensing programs associated with his office, currently they are looking at some recommendations.

**Texas State Rep to SWATA Board – Mike Pace**

- NATA are in the final stages of negotiations with the APTA, hopefully this will conclude soon.
- SWATA will not be providing any grant money to support members of the TSATA Board going to Washington DC Hit the Hill.

- Members of the SWATA Board were approached with the idea of moving Oklahoma into Dist. 6, SWATA has no formal opposition to this.
- SWATA Constitutional change, if the proposed changes pass then TSATA would have to change its Constitution and By-Laws will have to change to reflect the position of State Rep to the SWATA Board.

#### **THSCA/TGCA Speakers update**

- Cathy spoke at TGCA, the meeting went well.
- THSCA did not get back with Mike about a speaker
- Cathy asks Hondo to take over for Mike in coordinating this.

#### **Policy and Procedure Manual update and approval**

- The Policy and Procedures manual was updated and sent out to board members prior to the meeting.
  - Lee asks if issues related to elections and minutes were cleaned up
  - Dan & Cathy address this question, issues have been addressed.
- Nancy makes a motion to approve the Policy and Procedure manual that was submitted in July 2009 by Cathy Supak, Dan Fuller seconds the motion: There is no further discussion; the motion passes unanimously, regions 4 & 8 absent.

#### **Website vendor & Membership Cards update status – Josh Woodall**

- Chris Shaddock will no longer be working on the TSATA website after this summer. He will be focusing on his new responsibilities as SWATA PR Committee Chair, GHATS and others. Josh thanks him for his extensive service over the past 4 years.
- The website now has the addition of a member directory that was added by Chris Shaddock, this area is password protected and only members have access.
- The association has the ability to apply for extended relays through our website hosting company, Go Daddy, which will allow us improved E-blasting if we decide to go this route.
- Josh is still working on finding a feasible option to turn control of the TSATA website over to a web design company. He recommends that the association do this because the website has turned into a very useful tool and can be more useful with a secure section, membership cards, etc. but this is beyond his abilities.
  - Several companies are being reviewed but there is no recommendation at this time.

#### **BOD Yearly Goals for 2009 update**

- Membership survey – Completed
- Increase membership by 12.5% - exceeded
- Secondary Schools Committee – Created
- Volunteer form on the website – In Progress

#### **Conference Calls**

- Conference call held, cost was \$33.86
- This is set up with an account created with no fees associated. The only cost is incurred when we make a call. The rate is between 5 to 7.5 cents per minute per line.
- Conference call can be set up at any time utilizing this account.

## **New Business**

Welcome to Scott Galloway, incoming Region IV representative

### **E.D. Contract**

- Spanky states that his current salary is \$31,500. He states that an increase would be nice but to stay the same would be great.
- Secretary/Treasurer Josh Woodall suggests taking the current economic climate into consideration when considering a salary increase. The financial state of the association is good but recommends caution toward increases in budget or salary.
  - Scott Galloway states that he understands the concern but feels that we should reward based his job description and having a good year. He recommends a bonus format rather than a standard salary raise.
  - Dan Fuller likes the notion of a bonus rather than a pay increase so that Spanky does not have to worry about voluntarily take a pay cut again in future years such as he did a few years back.
  - Spanky suggests raising his salary to an even \$33,000 and give an appreciation bonus of \$1,500.
  - Josh Woodall agrees but reiterates concern about raising Spanky's salary due to economic climate.
  - Cathy states that she feels there needs to be some compensation based on performance while she shares the concern about the economic climate.
- Scott Galloway makes a motion to increase the Executive Director's salary to \$33,000 annually, Lee Knox seconds the motion: No further discussion, motion passes with 6 regions voting for, Regions I & VII against, Region VIII absent.
- Scott Galloway makes a motion to give the Executive Director a one time \$2,000 performance bonus, Mark Chisum seconds the motion: There is no further discussion on this issue, motion passes with 7 regions for, Region VII against and Region VIII absent.

### **TSATA List Serve**

- Dan Fuller asks if we want to follow the same format of the SWATA List serve or do we want to use a more modern format such as facebook.
- Cathy states that her concern is having an individual own the List serve like SWATA.
  - Dan states that we would need to create the account using a TSATA e-mail address to prevent this.
- Cathy assigns Scott Galloway to investigate the development of the list serve and create the policies associated with it then report back to the board.

### **Awards for Membership**

- Cathy would like to consider giving something to the membership to show membership such as a lapel pin.
- The board agrees that this is a good idea.
- Dan Fuller has concerns about delivery of the pins to members
- Spanky suggests that the association pay for the pin and set it up so that those who want the pin can go to a website and order it, this way the member pays shipping.
- William Schneider suggests tabling this item for discussion at Mid-Winter.

### **Board Liaison Assignments**

- Secondary Schools Committee – William Schneider
- ICE – Dan Fuller

- College and University Committee – Mark Chisum
- Public Relations Committee – Lee Knox
- Website Committee – Josh Woodall
- Young Professionals Committee – Scott Galloway

#### **Action Items**

- William Schneider makes a motion to change the policy of the Sports Medicine course offerings to a minimum of 10 registrants or at the discretion of the Executive Director or Chair of the TEA Sports Medicine Curriculum Committee, Mark Chisum seconds the motion: There is no further discussion, motion passes unanimously with Region VIII absent.
- William Schneider makes a motion to accept the sites recommendation of Houston, Tyler, SPATS and Metroplex for the 2010 Sports Medicine Instructor Course offerings; Dan Fuller seconds the motion: There is no further discussion, the motion passes unanimously with Region VIII absent.
- Josh Woodall makes a motion to no longer offer the Sports Medicine II Instructors Course separately, this course offering can be made at the discretion of the Executive Director or Chair of the TEA Curriculum Committee; Mark Chisum seconds the motion: Motion passes unanimously with Region VIII absent.
- Lee Knox makes a motion to approve the Sports Medicine Re-Certification Workshop; William Schneider seconds the motion: There is no further discussion, motion passes unanimously with Region VIII absent.
- Lee Knox makes a motion to approve offering the Sports Medicine Instructors course to graduating college seniors with a minimum of 10 registrants or at the discretion of the Executive Director and TEA Curriculum Committee Chair; Mark Chisum seconds the motion: There is no further discussion, motion passes unanimously with Region VIII absent.
- Lee Knox makes a motion to decrease the Sports Medicine Instructors Course registration fee for graduating college seniors to \$200 to be paid at the time of the course offering and \$200 to be paid at the time of receipt of their license; William Schneider seconds the motion: There is no further discussion, motion passes unanimously with Region VIII absent.
- Cathy Supak, Board Chair tentatively creates a task force, pending the passage of the SWATA constitutional changes, to look at implementation of a Texas State Representative to the SWATA Board from the TSATA Board of Directors. The task force will consist of Stephanie Keiningham, Robert Ramos and Lorna Strong. This task force if utilized will develop a report to give to the TSATA Board at Mid-Winter.
- Spanky would like for the board to consider setting aside \$10,000 to give out \$300 grants to schools that make application which would be given based on the lottery system.
  - Cathy asks when Spanky would like to have this done by, Spanky states this time next year
  - Cathy asks Spanky and Randy Matthews to work on a plan to set this up and report to the board at Mid-Winter.
  - The item is tabled for discussion at Mid-Winter based on Spanky and Randy Matthew's report.

- Scott Galloway states that he would like to look at giving back to the membership by having regional gatherings at which the regional rep. would provide snacks and beverages, etc. Possibly setting an amount of \$500 per region.
- Josh asks if we want to fund two people to attend NATA Hit the Hill in Washington DC
  - In 2009 it cost just over \$1,800 for two board members to attend
  - SWATA gave \$1,000 to help with this
  - Josh is in favor of this based on previous experiences there over the past two years, he states that this benefits the members of TSATA because in his opinion the first step toward getting 3<sup>rd</sup> party reimbursement in Texas is to achieve it at the national level.
  - Cathy asks if there is a motion to support this.
  - Josh Woodall makes a motion to continue to fund sending two board members to NATA Hit the Hill in Washington DC, Dan Fuller seconds the motion:
    - Discussion: Scott Galloway states that we need to know how our members feel about it if we are going to spend that kind of money, this may not be important to some.
    - Dan Fuller states that a lot of things that the TSATA has done over the past several years affects more people working in the traditional setting, this is an opportunity to represent our members who work in more non-traditional settings such as the clinics.
    - Motion passes unanimously with Region VIII absent

### **Elect Board Officers**

#### **Chair**

- William Schneider nominates Cathy Supak for the position of Chair
- Lee Knox nominates Dan for the position of Chair
  - Dan asks that Lee respectfully withdraw the nomination
  - Lee withdraws the nomination
- There are no other nominations for the position of Board Chair, Cathy Supak remains Chair of the Board.

#### **Vice Chair**

- Lee Knox nominates Dan Fuller for the position of Vice Chair of the Board
- There are no other nominations; Dan Fuller remains the Vice Chair of the Board.

#### **Secretary/Treasurer**

- Dan Fuller nominates Josh Woodall for the position of Secretary/Treasurer of the Board.
- There are no other nominations; Josh Woodall remains Secretary/Treasurer of the Board.

#### **Other**

- Mid-Winter will be January 31, 2009 in Austin beginning at 7:30am
- Spanky states that depending on Ed's situation we may need to have a stand in for him to represent his region.
  - Executive Secretary states that there is no way to appoint an intrum in the Constitution and By-Laws, however if a board member misses 3 meetings they are removed from their position.

- Cathy points out that this region will be up for re-election also.
- Cathy asks all Directors to please communicate well with committee chairs and members.
- Dennis Hart would like to congratulate the Board for the TSATA being recognized as one of the award winners by the NATA BOC in Omaha.

**Adjourn**

- Josh Woodall makes a motion to adjourn; Mark Chisum seconds the motion: There is no further discussion, the motion passes unanimously with Region VIII absent.