

The Voice of Texas Athletic Trainers



A Note from your TSATA Chair, Cathy Supak

Hoping this arrives along with some much needed Texas warmth as winter has over stayed her welcome for many areas of our great State. The thrill of missed school days and snowflakes has worn off...bring on spring!

The TSATA Board of Director's Mid Winter Meeting was held January 30th in Austin at the Airport Hilton. The Board met for almost seven hours and wow, did we get a lot checked off the annual to do list! Some of the major actions taken were that we reviewed and approved 2010 financials and 2011 budget (more detail on this may be found in Secretary/Treasurer's report). As a board, we reviewed and approved the contract with book publisher Jones and Bartlett and an extension of Executive Director, Spanky Stephen's contract. The Board of Directors also heard a TSATA member with suggestions about the TEA approved Sports Medicine Instructor Class as well as from committee chairs present biannual reports

including College/University, Public Relations and Governmental Affairs. Special thank you to Board Parliamentarian, Stephanie Keiningham for keeping the Board, especially the Chair on task and the meeting moving!

In addition to the Board Meeting, several other events took place over the weekend. On Sunday evening, January 30th, we joined together with other athletic trainers across the state to celebrate the 40th Anniversary of Texas Athletic Licensure Act. Executive Director Stephens and Board Vice-Chair Scott Galloway did a wonderful job of organizing the evening. It was a historic moment to have many of our pioneers from the athletic training profession in one room, sharing how each played a part in making our state licensure a reality, 40 years ago. On behalf of TSATA, I was privileged to present a Texas flag, which had flown over the Capitol, along with a Texas House Proclamation

marking the event, to Advisory Board of Athletic Training Chair, David Weir. Over the last 27 years, I have glanced at my own Texas Athletic Trainer License, #797, and wondered who was #1. Well, on that night, the mystery was solved! You can find the answer by reading through this newsletter!

The TSATA Texas Legislative Experience and Hit the Hill was awesome. We had athletic training students from different college and universities from around the state attend to learn about the Texas Legislative Process and TSATA Board of Directors. Students had face time with Board members, TSATA Lobbyists and also joined with professionals as we "Hit the Hill" and talked with Elected Officials at the Capital about pending legislation. Governmental Affairs Chair Dawn Allen was the brains behind this whole operation and it went off beautifully. Great Job Dawn!

TSATA is about to hold to have a big birthday and all of you are invited! Yes, the old

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Letter from your TSATA Vice Chair,
Scott Galloway

This is one of the busiest times of the year for Athletic Trainers in Texas and is a busy time for our association as well. Our midwinter meeting was a success and I am looking forward to what the new year brings us as an association. Please remember that if you do not pay your membership dues through NATA/SWATA that you can go online through our website to renew. All memberships renew in January of each year. As of December 2010 we had 1389 paid members and we are looking for continued growth through 2011.

This spring we will be holding elections for Regions 3, 6, and 9. Region 6 and 9 will have new BOD members joining due to term limits. Nominations will be accepted beginning February 14, 2011 and close as of March 28, 2011. This will allow for thirty (30) business days to receive nominations for the respective Regions.

Please email nominations to Scott Galloway, Vice Chair sgalloway@desotoisd.org. You must be a current member of TSATA to nominate and/or be nominated for the elected position. You will receive a confirmation email within 48 hours. If you do NOT receive a confirmation please re-send and call (469)446-0178 to verify your nomination was received. We want to ensure each nomination is received and accounted for.

Election ballots will be sent out the week of April 11th April 15. Akin Business Services will collect and tally the ballots as before. The election will be held open for thirty (30) business days closing on May 27. At that time the results will be tallied and reported to the Board of Directors to certify the results.

The elected members will be contacted by the Vice-chair and invited to attend the July summer meeting to be held at SWATA. This will be the final meeting for the outgoing Board Members and all Board documents and information will be transferred to the Board Member-elect at this time.

Regards,
Scott Galloway; LAT, ATC
TSATA Region 4 Representative
Vice Chair
sgalloway@desotoisd.org



Letter from your TSATA Secretary/Treasurer,
Josh Woodall

As we begin the 2011 fiscal year, allow me to update you on the TSATA's financial situation. Each year the association's financial review committee, consisting of the Executive Director, Board Treasurer and another member of the BOD appointed by the Board Chair, meet to discuss the financial needs of the association and propose a budget for the fiscal year. We look at many factors in doing this and propose what we feel will be a budget that will address the perceived needs of the upcoming year. This year's budget has been set at \$143,800. This is higher than last year's budget but with multiple projects underway this budget was determined to be necessary. Some of the projects the TSATA is currently working on include a concussion bill which is being introduced in the Texas legislature, the co-hosting of the SWATA welcome reception, the TSATA 10 year anniversary celebration and the 40th anniversary celebration of Texas Licensure. The most costly of all these endeavors is the concussion legislation. The TSATA budgets money annually for the services of our lobbyist, Hilco Partners, however a legislative session in which we have a bill is more costly and we had to adjust the budget accordingly. Other projects such as the 40th anniversary celebration of Texas licensure generated some revenue which helped to offset the cost but must still be budgeted for. Currently, the association has investments exceeding \$25,000 and a savings over \$70,000 which helps to make the association fiscally sound and provides us the opportunity to take on projects like those mentioned above with more ease.

I would also like to update you on a change recently made to the TSATA website job posting board. Over the past couple of years we have began having "spam" postings placed on the job board which has caused legitimate postings to be hidden. In order to address this issue which has been getting worse with more than 5 junk postings appearing each week, we have implemented a procedure which requires an ad to be approved prior to appearing on the job board. This does not change how you post a job it simply will not appear until approved. This process should not inconvenience anyone but does mean that you may notice a short delay between submitting your job posting and it's appearance on the job board.

As always, if you have any questions about the financial situation of the TSATA please do not hesitate to contact me and I will be happy to help in any way I can. Thank you all for your membership and support of this great association, without dedicated members such as yourself nothing this association does would be possible.

Sincerely,
Josh A. Woodall; M.Ed., ATC, LAT
TSATA Region 7 Representative
Board Secretary/Treasurer
jwoodall@tsata.com



A Note from your TSATA Executive Director, Spanky Stephens

TSATA's involvement in sponsoring a "concussion" bill in this year's legislature is beginning to come to completion. We have met with educational boards, medical boards and the comptroller to show it will not cost the state or your school districts any more fiscal money than it is already spending. It has been a process to say the least and it is something that is much needed. We continue to get support for our efforts on many fronts; one being that this bill will fall under the umbrella of the Texas Educational Agency to implement. Due to the state financial crunch, there will be no funding or mandate to this at the moment. Yet, being under the commissioner of TEA, who is very LAT friendly, we are looking into the future once our state becomes more financially stable, we can add what we had to delete in our bill this session. We are looking forward to being assigned a bill number so that you can see the finished product. Once we have a bill number, we will send you an e-blast asking you to call your representatives and senators and ask them to vote for it. We will also provide an easy way to find their email addresses, faxes, and physical address.

The TSATA board meeting was on January 30th. Some of you made the trip to Austin to speak before the board on things we should consider in the future. It was a great meeting and thank you for your support, interests and concerns. It was nice to see our members in El Paso and the Rio Grande Valley who invited me to speak on our concussion bill in December and January. Your feedback and interest doesn't go unnoticed.

On the night of January 30th, TSATA sponsored a banquet to celebrate the 40th anniversary of Licensure in Texas. It was a lot of fun and former board members, board presidents, and executive secretaries were asked to say a few words. Paul Zeek, Allen Eggert, Billy Pickert, Al Wilson, Mike Saly, Bill Wessen, David Weir and I spoke. It was great to hear the history of the licensure in Texas and where we have come from to where it is today. The banquet was well attended and many former Board members, former staff from the Health Department, and present board members for the Advisory Board members attended.

Our sponsors continue to support TSATA. Ginny Cox and Toni Van De Putte, from Alert Services, attended our celebration banquet in Austin. TSATA will once again buddy up with Mueller Sports Medicine for 6 scholarships to be given out at SWATA this year. This is our 3rd year to do this together and help 6 student athletic trainers get their college degrees. Those of you who teach the Sports Medicine Curriculum classes will see, with your next order of Pffier's and Mangum book "Concepts of Athletic Training", on the cover "As recommended by TSATA". It is quite an honor to be included on the cover of this book.

More college seniors are taking the Sports Medicine classes. This is a great trend as these students may soon be new hires in school districts and must have a teaching certification. The state license certifies athletic trainers to teach the sports medicine class the course that TEA has instructed TSATA to teach has been taken. These college seniors are seeing the value of finding more ways to market themselves. This can be accomplished if they have this class already. We had 6 college seniors last weekend in San Marcos attend the class.

In closing, I look forward to seeing you in my travels around this great state of Texas. Please feel free to contact me if you have a question about anything.

Sincerely,
Spanky Stephens
TSATA Executive Director
trainerex@earthlink.net
866-886-1688

iLead Winners Attend Legislative Experience in Austin

Attending the TSATA Hit the Hill leadership experience was a valuable learning and networking opportunity. As Student Athletic Trainers, we can at times feel far removed from the administrative processes which govern our daily jobs, but we were allowed a firsthand view of how the process takes place. Currently TSATA and its lobbying firm, HillCo., are working relentlessly to reform the current UIL concussion criterion for removal and return to play.

Meeting with TSATA's lobbyists help us to realize how large of a role we as Student Athletic Trainers can play in helping to get the word out to our own area state representatives and senators from our cities.

I would like to thank TSATA for affording me the opportunity to have this valuable educational experience!

Casey Rangel
University of Texas El Paso



**Casey Rangel And Dmoinic Maneen ,
winners of the iLead/Legislative
Experience, attend TSATA BOD Mid-
Winter Meeting and Hit the Hill in Austin**

Outside of working the sidelines of the 2010 National Championship Game, the Hit the Hill campaign has been one of the most exhilarating experiences of my athletic training career, thus far. I was not only introduced to a select group of individuals who care so deeply about their profession, but I became well versed in real world matters that can potentially affect the future of athletic training. I had the ability to meet one-on-one with state Representatives, state Senators, and their aides to educate them on how passing our proposed concussion bill is essential to protecting the future of young athletes' lives.

Though some stuttering and apprehension surfaced during our conversations, licensed and local athletic trainers were right there to help ease our nerves. The best part was experiencing athletic training in a setting you would never imagine; the state Capitol. I was fortunate enough to meet with a lobbyist who helped to fine-tune my speaking points one day, and by the next, I was hanging up my sweat pants for a suit, all the while fascinated by the halls of the most influential building in our state. Hit the Hill has taught me that the scope of athletic training seems to grow every day, and I believe that every student should get an opportunity to learn from such an instrumental experience.

Thanks again!
Dominic Maneen
University of Texas

Join us on Facebook!

There are over 230 members of the 'Texas State Athletic Trainers' Association' on Facebook. Join today and receive reminders of upcoming events and other important information!!!



UIL Medical Advisory Committee Update

Specifics of Concussion Policy:

- A student-athlete who is suspected of sustaining a concussion must be evaluated by a licensed health care professional to determine if the student athlete has sustained a concussion. If a licensed health care professional is not available, a supervising adult approved by the school district and who has appropriate training on concussion evaluation and management may evaluate student-athletes suspected of sustaining concussions. If a student-athlete sustains a concussion, he or she will not be allowed to return to play on the same day. Current guidelines stipulate that a student-athlete who sustains a concussion could return to play on the same day if the student was symptom free

after 15 minutes of evaluation and testing.

- Return to play decisions will be made by a licensed health care professional, and after written clearance will follow a stepwise progression back to full progression
- Any subsequent concussion sustained by a student-athlete will require further medical evaluation by a licensed health care professional, which could include a physical examination. Under the recommendation, written clearance by a licensed health care professional must be obtained for the student-athlete to return to practice or contests.
- *In addition to the above, there will be additional information available such as: educational

posters, coaches training in the Rules Compliance Program, weekly helmet check forms, an updated education forum on the RCP, updated information in the parent manual, an acknowledgement form to be signed and return to play guidelines.

A proposal to reduce the number of contact days in football from 7 to 6 before the first scrimmage was also approved.

Steroid Testing is a topic of discussion and whether it will stay or be scrapped has not been decided. Continue to visit www.uiltexas.org for updates.

The updated Acknowledgment of Rules form is in the process of being approved and will be available at www.uiltexas.org soon.



The Texas Department of State Health Services-Advisory Board of Athletic Trainers has approved new amendments. One amendment requires an applicant to clear application deficiencies within one year of filing the application or the application shall be voided. Another amendment requires an applicant to take the state licensure examination within two years after being approved for examination, or the approval may be withdrawn and the application voided. Lastly, guidelines have been established for the board to accept the

surrender of a license after a complaint has been filed against the licensee.

The public benefit anticipated as a result of enforcing or administering the sections is to continue to ensure public health and safety through the licensing and regulation of athletic trainers.

For more information, visit <http://www.dshs.state.tx.us/at/>.

2011 National Athletic Training Month

March 2011 is National Athletic Training Month and the slogan is 'Not All Athletes Wear Jerseys; Athletic trainers treat the athlete in you'. Please consider celebrating and promoting the athletic training profession throughout the month of March, regardless of your field of employment.

Material as well as ideas can be found by visiting www.nata.org and clicking on the National Athletic Training Month Logo. The site provides logos, an e-Card and brochures that can be printed. A news release will be added soon to send to your local media. Also available, a PR toolkit, information regarding a PR contest, and samples of a media alert, proclamation, PSA and calendar listing.

TSATA would like to highlight efforts made toward promoting National Athletic Training Month, so please report all efforts to your TSATA PR representative. You can find out who

your PR representative is by visiting www.tsata.com and clicking on the 'committees' tab. All regional PR representatives are listed under the PR Committee heading.

Last year, several ideas to promote the athletic training profession included a proclamation from the Texas House Representative, Randy Weber, declaring it Athletic Trainer Month (Pearland-Dawson High School); cake decorating contest in which finished products were delivered to healthcare providers (Travis High School), a month long advertisement that aired on the screens that line the common areas of the local mall that announced National Athletic Training Month and recognized the athletic trainers in the area (The Physicians Center; Bryan/College Station), and many athletic trainers were interviewed throughout the state by local media.

TSATA hopes that you will participate and help promote your profession!



A Note from your TSATA Chair, Cathy Supak *Continued from Page 1*

gal is turning 10 years old and we are throwing the party in Houston at the SWATA Annual Meeting in July. TSATA Public Relations Chair, Jamie Woodall is going to make sure all us mark this milestone by remembering the past and celebrating the present. My small contribution to help Jamie's plans was to find a venue for the TSATA-SWATA Welcome Reception. After months of searching, we have a place; plans for great gathering are in place for Thursday, July 14, 2011. SWATA and TSATA will join forces to welcome you to the SWATA Meeting in Houston and celebrate our 10th Anniversary. More details will be fore coming both on the SWATA and

TSATA websites. and eblasts. Region 6 folks (Greater Houston), you are needed to help with SWATA events, especially this reception. Please contact me if you are willing to help out. Thank you to my helper on venue location, GHATS President Jace Duke.

Sincerely,

Cathy P. Supak, ATC, LAT
TSATA-Board Chair
Region 6 Director
csupak@tsata.com



Governmental Affairs Committee

On Monday, January 31st the TSATA converged on the Texas capitol. There were 16 professionals and 6 college students that made the rounds and talked with their Senators and Representatives. Many even took the time to go by Senator Deuell's office and thank him for sponsoring the bill. The response from all of the Senators and Representatives was extremely positive. They asked questions and were interested in all of our talking points even though we did not have a bill number. Thank You to everyone who showed up in support of this endeavor:

Spanky Stephens, Cathy Supak, Kathy

Dieringer, Scott Galloway, Ken Locker, John Harvey, Randy Matthews, Mike Terrell, Wayne Lauritzen, Melissa Harrington, Melissa Ochs, Dennis Hart, John Young, George Timmons, and Mallory Sitzman.

UT Students: Dominic Maneen, Kayla Rusterholtz, and Allison Martinez

UTA Students: Nora Leon and Jill Cole

TAMU-CC Student: Nick Jones

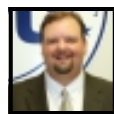
If you have any questions regarding the Governmental Affairs Committee, please contact Dawn Allen at dawn.allen@leanderisd.org



Athletic trainers, as well as athletic training students from around Texas attend Hit the Hill 2011



The Capitol in Austin, Texas



College & University Committee

The TSATA College and University Committee (CUC) is currently in the process of completing the location survey and will soon start the next phase conducting a salary survey of college and university athletic trainers in Texas. Once this project is complete and approved by the board of directors the information will be made available to all TSATA members on the TSATA web site.

The board of directors approved the CUC coordinating the Texas iLead and Texas Legislative Experience for the 2013 legislative session. This year Dawn Allen and Mike Terrill, along with great support from the TSATA

board of directors and many other TSATA members, conducted the first Texas Legislative Experience with great success. The CUC will be planning and expanding the program for the 2013 legislative session based on the great start this year.

The CUC is working to help the college and university TSATA member and welcomes and appreciates any comments or concerns from any TSATA member. Please feel free to contact the CUC committee member in your district, your district director, or Mike Terrill CUC committee chair at mterrill@hputx.edu.



Athletic training students from college and universities from around Texas joined the TSATA Board of Directors for a round table discussion as part of TSATA's first Legislative Experience



TEA Curriculum Committee

Sports Medicine Instructor's Course Offers CEUs! We want to make sure everyone that takes the Sports Medicine Instructor's Course is aware we award 6 hours of BOC continuing education credit. It seems we have not advertised this benefit to the licensed athletic trainers that register for the course. Instructors that complete the Update Course, optional for those who have completed the Sports Medicine I and II Course will be awarded 3 hours BOC credit.

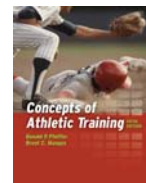
2011 SM Instructor Course Sites:

April 8, 2011, Mesquite

May 16, 2011, Texas Tech, Lubbock

June 9, 2011, SPATS, South Padre Island

July 13, 2011, SWATA, Houston



We continue to work with Jones Bartlett who publishes the textbook we recommend for the Instructor's Course. There is a Concepts of Athletic Training, 6th Edition being released in early 2011. All participants in the course will receive a 20% TSATA Discount when books this book is purchased. Add book picture.

We have submitted an application for Sports Medicine III to TEA. This course approval is still pending. When approved, Sports Medicine III will be included in the current course notebook, with no additional fee or cost to TSATA instructors.

If you have any comments or questions contact Dennis Hart at dhart@mesquiteisd.org



Industrial, Clinical & Emerging Practices

The ICE Committee is working hard on new goals for this year. One of these goals includes a location and salary survey. This survey will be rolled out this spring. The components of the survey will be specific to athletic trainers in the ICE work setting and will include salary, city where they work and position within their organization. Once the data is collected the information will be available to TSATA members and will help athletic trainers better understand the non-traditional opportunities that the state of Texas offers. We ask that you look for this survey and participate.

If you have any questions regarding the ICE Committee or the location and salary survey, please contact Rob Sandmann at rob@txortho.net.



Secondary Schools Committee

The Secondary Schools Committee is excited about the location project which involves the TSATA SSC members contacting all the high schools across the state of Texas to conduct a survey related to athletic training access. The survey asks three questions; 1) Does your school have access to a Certified/Licensed Athletic Trainer? 2) If yes, is that person full time on staff? 3) If full time, how many Athletic Trainers are on Staff? Access is defined as: 1) Does an athletic trainer work at the school or come to the school? 2) Must have access to the LAT/ATC for injury evaluation ALL year long. 3) It must be an athletic trainer, not an EMT, PT, Nurse or other that helps on Friday nights.

Also, The Mueller-TSATA High School Scholarship Application is available at www.tsata.com. Students must be graduating in 2011, must be a Texas student athletic trainer, sponsoring athletic trainer must be a TSATA member by April 1, 2011, 3.0 minimum GPA, and 3 letters of recommendations, as well as an acceptance letter from a Community/Junior College, College or University, and must be pursuing a career in athletic training. Applications and letters of recommendation must be postmarked by April 1, 2011. Please visit www.tsata.com for detailed requirements.

If you have any questions regarding the Secondary Schools Committee, please contact Jeff Mann at ssatc@tsata.com.

Region 1

ZIP Codes: 79855-79968



Nancy Vanley is the Region 1 Director for TSATA. If you have any questions regarding TSATA, please feel free to contact her at 915-346-1599.

If you would like to see your news from region 1 featured in the TSATA Newsletter, email Toni Van De Putte at: yhstrainer@yahoo.com

Region 2

ZIP Codes: 79601-79772



Hondo Schneider is the Region 2 Director for TSATA. If you have any questions about TSATA, please feel free to contact him at 432-556-2506.

This year, region 2 recognizes several athletic training students for their academic success. Congratulations to the to Roishana Woods of Abilene Cooper High School for receiving the Academic All State Award. She is sponsored by Annette Franco. Also receiving this award are Carly Etter, Holly Dameron, Katie Hall, Leilani

Ganiron and Samantha Lennon all of Abilene High School, sponsored by Larry 'Smitty' Smith. Also, Katelyn Johnson of Greenwood High School received the Academic All State Award. She is sponsored by Brad Brown.

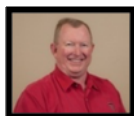
On 1-8-11, Richard Lloyd, AT at UTPB had a successful student trainer workshop. Also, Richard will be taking a contingent of athletic trainers to Fort Knox this summer to work with the military. He reports that 20 ATs are involved.

This summer is Truman Spoon's last to direct the famous Fort Davis Sports Medicine Clinic at Fort Davis. This workshop will be from June 9-11th. Visit www.prude-ranch.com for more information.

If you would like to see your news from region 2 featured in the TSATA Newsletter, email John Overton at: joverton@howardcollege.edu

Region 3

ZIP Codes: 79001-79549



Buzz Chisum is the Region 3 Director for TSATA. If you

have any questions regarding TSATA, please feel free to contact him at 806-742-5111.

Texas Tech will host the next Sports Medicine Instructor's Course on May 16th. Visit www.tsata.com for more information and to learn about future dates and sites.

Region 3 is proud to announce this year's recipients of the Academic All State Award. Congratulations to Katelyn Johnson and Rebeka Salazar of Plainsview High School. They are sponsored by Paul Fikes.

If you would like to see your news from region 3 featured in the TSATA Newsletter, email Anthony 'Pepper' Peppers at: a peppers@lubbockisd.org

Region 4

ZIP Codes: 75001-75409 & 76000-76451



Scott Galloway is the Region 4 Director for TSATA. If you have any

questions regarding TSATA, please feel free to contact him at 972-274-8289.

Region 4 has many recipients of the Academic All State

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Award. Crista Hankins of Alvarado High School received the award and is sponsored by D.C. Andrews. Christina Chollett of Bishop Lynch High School, who is sponsored by Meredith Swayne, also received this award. Keynee Johnson of Brewer High School is sponsored by Jorge Martinez and received this award. 3 recipients from Cleburne High School received this award, including Joshua Johnson, Joshua Johns and Rebecca Johnson. They are sponsored by Kathy Martino. Heena Panjwani of Creekview High School received the award and is sponsored by Rob Sundquist. Angela Batts of Crowley High School also received this award and is sponsored by Shannon Johnson. Heather Novy of Ennis High School is sponsored by Chad McCune and Andrea Montanez of Frisco High School is sponsored by Jena Leslie; both of these student received the Academic All State Award. There were 8 recipients of the award from Flower Mound High School, they were Catherine Schenck, Heidi Robbin, Alyssa Sleutel, Christena Mitchell, Ethen Brown, Bevin Pierce, Rachel Hamer and Halima Nur. They are sponsored by

Jeffery Brown. Hannah Goetz of Granbury High School received the award and is sponsored by Connie Rhodes. Becca Thomason, Renet Roy and Caroline Lindstrom of Hebron High School received the award and are sponsored by Bill Whiteley. Alexandria Hacic and Jaymi Villatoro of Lewisville High School received the award and are sponsored by Sheridan Nelson. Cody Purcell is proud to sponsor Kelsey Dow of Mansfield High School for receiving the award. Alexandra Underwood of Marcus High School is sponsored by David Ortmeier and also received the award. North Mesquite High School honors Kelsea Wilkerson and is sponsored by Jeremy Gregory. Plano High School has 4 recipients of the award, Katie Green, Lindsay Arthur, David Nixon and Taylor Washington are sponsored by Karen Jenschke. Danielle Lawrence, Paige McMillan and MacKenzi Hoyle of Red Oak High School received the award and are sponsored by Todd Kiefer. Michael Carroll of Stephenville High School is proud to announce that Shelby Champion received this award. Wakeland High School has 3 recipients of

this academic award, Krisin Wilkins, Carlyle Madison and Lindsay Bake, sponsored by Tysha Beaty. Weatherford High School has 4 recipients of the Academic All State Award, Hunter Dworky, Courtney Hale, Whitney Hempstead and Maci Overstreet are sponsored by Stephanie Nelson.

The following upcoming events will be held in the 2nd floor lobby of the Texas Health Care Bone & Joint Clinic (1651 W. Rosedale, 76104) at 7pm on the respective dates. Light snacks will be served. March 24th (Ultrasound diagnostics & guided procedures-Dr. Steven Meyers) and April 28th (Analysis and treatment of the athletic foot and ankle). Please contact Sara Kinsel at kinsels@yahoo.com or 817-269-1977 if you are interested in attending.



NTATS annual workshop will be held on Saturday, April 2, 2011 at Rockwall Heath High School. There will be an ankle taping contest and SAT Olympics. We expect a record number of high school student athletic trainers to attend this year. We have a great program planned for both

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students and professionals. Look for your registration packet to go out by email this week. Please take the time to visit our website at www.ntats.org. We have nomination forms for the Aubrey Fisk Exemplary Service Award and the Doug Gibbins Above and Beyond Awards. On the scholarship front we have our annual Ben Buck Student Trainer Scholarship Application. Please encourage your student athletic trainers to apply for this scholarship. New scholarships this year are the Cash Birdwell, Eddie Lane, and Elmer Brown scholarships to benefit the children of athletic trainers who are members of NTATS. If you know of any vendor that would like a spot at the symposium they may contact Greg Roark at http://ntats.atntats.at@gmail.com or 817-547-8364. If you are a college or university and would like a free table to recruit students please contact Bill Borowski ntats.at@gmail.com. If you have any other comments please contact Rick Redden at ntats.at@gmail.com or 817-475-1948

On March 12-13 and June 4-5, the Doctor's Hospital at

White Rock Lake will host CE events regarding Kinesio Taping.; T1-Fundamental Concepts, T2-Advanced Concepts and Corrective Techniques and T3-Clinical Concepts and Advanced Taping Methods. For more information and to view the complete calendar visit www.kinesiotaping.com.

Kinesio workshops are approved by the NATABOC; KT1 and KT@ have 8 CEUs each and KT3 expanded has 12 CEUs.

The DFW Sports Medicine Symposium is March 25-27th in Arlington at the Sheraton Arlington Hotel (1500 Convention Center Drive Arlington, Texas 76011). The concept of this symposium is to demonstrate the importance of the entire sports team including physician, athletic trainer, and physical therapist in preparing the athlete for competition. This

symposium will focus on the proper approaches to prepare athletes for competition, and the treatment and care of athletes following specific injuries of the spine, shoulder, elbow, and knee. Other areas of focus are the medical issues of athletes, such as Vitamin D deficiency,

diabetes, and sickle cell trait. (More than 15 Hours of Contact Education for Athletic Trainers)

If you would like to see your news from region 4 featured in the TSATA Newsletter, email Cody Purcell at: CodyPurcell@misdmail.org

Region 5

ZIP Codes: 75428-75965



Red Ganus is your Region 5 Director for TSATA. If you have any questions regarding TSATA, please feel free to contact him at 903-988-3920 x2951.

Region 5 is excited to announce the Academic All State Award winners. Seth Lee and Joselynn Taylor of Daingerfield High School received the award and are sponsored by Derek Reed. Blair Easley, Katy Brownlee and Leah Hall of Hemphill High School also received the award and are sponsored by Stephanie Elliot. Sponsored by Joe Guthrie are Jocelyn Land and Tabitha Wagon of Jasper High School. Miranda Issac of Longview High School sponsored by Deirdre Scotter and Monica Vasquez of Lufkin High School sponsored by Mike Waters also received the Academic

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All State Award.

On February 5th 2011 the East Texas Athletic Trainers Association will be hosting the 14th annual Student Athletic Trainer Workshop and CEU meeting at Stephen F. Austin State University. Sandy Miller and his staff will be taking over the hosting duties after a 12 year stretch at Tyler Junior College. "The new venue gives us the ability to reach more student programs throughout East Texas" states ETATA President Jeff Howard. "It is a wonderful thing for SFA to take on the hosting role this year and we hope to be able to continue to utilize SFA in the future."

Other news regarding the ETATA, on June 13th 2011 the 3rd Annual ETATA Scholarship Golf tournament is scheduled at Eagles Bluff Golf course just outside of Tyler Texas. The tournament raises money for the Monty Jameson scholarship for incoming freshmen and the Scott Allen scholarship of college juniors or seniors. More information about the tournament registration will follow. The scholarship deadline is April 29th and applications are available at the student workshop.

If you would like to see your

news from region 5 featured in the TSATA Newsletter, email Dan Fuller at: dredfultx@yahoo.com

Region 6

ZIP Codes: 77001-77710



Cathy Supak is your Region 6 Director for TSATA. If you have any questions

regarding TSATA, please feel free to contact her at 281-284-2174.

Several of the Academic All-State Award winners were presented their certificates at GHATS by Cathy Supak, Josh Woodall and Spanky



Stephens.

Region 6 is proud to announce the winners of the Academic All State Award. From Alief Taylor High School, Samantha Franco and Lyndsey Valdez received the award and are sponsored by Sharon Brathrud. Kevin Roberts of B.F. Terry High School sponsored Chinwendu Amushie and Ijeoma Chukwu. Nam Dinh,

and arol Jennings from Clear Brook High School are sponsored by Cathy Supak. Briana Hyde and Lorrie Capetillo of Clear Creek High School received the award and are sponsored by Thea Lockett. Sabrina Lee of Clear Lake High School sponsored by Kristin Salinas and Samantha Toro of Cypress Falls High School sponsored by Kajay Rainey also received the award. Matt Thomas is proud to honor Austin Scott of Glenda Dawson High School and Dennis Fyke is proud to honor Kyle McClung of Lamar Consolidated High School. Isabel Barker and Cydney Rhodes of Needville High School are sponsored by Bob Marley. Shelby Polk of Oak Ridge High School sponsored by Philip Scott and Camille Payne of Waller High School sponsored by Christopher Aguilar also received the Academic All State Award.



GHATS, the nation's largest student trainer workshop, was on January 9th at Spring ISD, DeKaney High School. There were over 800 students, 150 professionals, 30 vendors and 25 universities and junior colleges in attendance. The

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recipient of the Bobby Gunn Award was Daniel Young from Katy Taylor and the Tom Wilson Award recipient was Mike Granata from Oak Ridge High School. The Mystery Speaker was Keith Jones from the Houston Rockets. The Exemplary Student Athletic Trainers Award went to Kenricka Myles from Spring Westfield. Next year, GHATS will celebrate its 25th workshop anniversary. This workshop will be held at Cypress Springs High School on January 7, 2012. This spring, the North Representative and Secretary/Treasurer positions will become available. Also, the Spring scholarship information is now located at www.ghats.org.

Houston is excited to host the annual SWATA conference July 13-16. Visit www.swata.org for more information.

June 3-5 - Sports Medicine Symposium of the Americas at Intercontinental Hotel, Houston. For more information, visit www.sportsmedsymposium.org.

June 6-7 - 10th Annual Sports Medicine Update at Minute Maid Park, Houston. For more information, contact at

Bob.Marley@uth.tmc.edu or 713-410-8041

The 2011 Deer Park Strength and Conditioning Clinic will be Saturday, February 26th, 2011 at Deer Park High School. Online registration can be found at www.dpstrength.com. For more information contact Doug Bull at 832-668-7243 ext 5. The cost is \$65 and you will receive 6 BOC CEUs.

This year, if you have the time and energy after a crazy February and March, please consider joining the Athletic Trainer medical crew for the Houston Avon Walk for Breast Cancer April 16-17. For more information visit <http://www.avonwalk.org/get-involved/walk-crew.html>. Registration is \$65.

Memorial Hermann will be looking for 10-20 contract athletic trainers to cover the Senior Olympic Games at various sites around Houston the last two weeks of June. Specific dates and pay rates have not been set yet. For more information, contact Kevin Bastin at kevin.bastin@memorialhermann.org or Bob Marley at bob.marley@uth.tmc.edu.

Ironman competitions in Galveston and The Woodlands are soliciting volunteer athletic trainers to

cover those events on April 9-10 and May 20-21, respectively. Contact Kevin Bastin at kevin.bastin@memorialhermann.org or Bob Marley at bob.marley@uth.tmc.edu if interested.

If you would like to see your news from region 6 featured in the TSATA Newsletter, email Deidre Duke at: dlduke@tmhs.org

Region 7

**ZIP Codes: 76462-76834 &
77801-77861**



Josh Woodall is your Region 7 Director for TSATA. If you have any questions regarding TSATA, please feel free to contact him at 979-209-7992.

Region 7 would like to recognize the students who received the Academic All State Award. Esmeralda Garcia of Bryan High School sponsored by Josh Woodall received the award. Also, Kevin Crouch of Cameron High School is sponsored by John Marek. Maddie Morris and Haley Pietsch of Midway High School are sponsored by Brad Shelton. Kelsey Galbreath of Rockdale High School is sponsored by Dustin Cedidla also received

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the Academic All State Award.

If you would like to see your news from region 7 featured in the TSATA Newsletter, email Alex Olson at Alexander_Olson@baylor.edu.

Region 8

**ZIP Codes: 77901-78000,
78001-78263, & 78602-
78801**



Brian Farr is your Region 8 Director for TSATA. If you have any questions regarding TSATA, please feel free to contact him at bfarr@mail.utexas.edu

Region 8 has several students who received the Academic All State Award. Tayler Bakerman, Jessica Bowers, Kathryn Bradley, Jordan Cason, Lauren Dunn, Grace Kelly, Morgan McGuire, Darcy Mikrut and Lindsey Nash from Champion High School, sponsored by Terry Gault received this award. Andrew Hironymous of Del Valle High School also received the award and is sponsored by Rebecca McCollum. Andi Green sponsored the students from Lehman High School, Cory Bergstrom, Jessical Cantu,

Valerie Diaz, Emily Edwards and Shelbi Snyder. Annisa Arce of Uvalde High School, sponsored by Daniel Severson also received the Academic All State Award.



CTATS recently held its 4th Annual Athletic Trainer Workshop on the campus of Killeen Ellison High School. 42 professionals, 25 college students and 190 high school students were in attendance. The professionals and college students started the morning learning about "Manual Therapy in Athletic" from Miguel Benavides. This was followed by two extremely informational sessions regarding evaluation and management of concussions from Andrea Pana, MD, and Bridgett Wallace, DPT. During this same time, the high school students were rotating through sessions including Toni Van du Putte's "Prophylactic Taping" and "Surgery: A Look Under the Skin" from Melissa Ochs, ATC, LAT. The University of Mary Hardin Baylor also put on a session "Learn and Play". The workshop culminated with an afternoon of contests and awards. In ankle taping, Nate Gilmour of Leander

took first place while Casey Jackson of Harker Heights took second. In a poster contest highlighting this year's theme for National Athletic Training Month, Dokota Johns of Pflugerville Hendrickson took first with Leander High School's Madison Johnson, Lily Flores, and Courtney Dunn working together to place second. And finally in a close heat, Leander High School edged out Lehman High School of Kyle for the Athletic Trainer Olympics. A big thank you to all that were involved and we look forward to next year's workshop.

The Alamo Area Athletic Trainers' Association is hosting its annual student symposium on Friday, March 25 at The University of Incarnate Word. Pre-registration will be accepted until March 15. Times for the symposium will be 8 AM to 3 PM. Visit www.AAATA.org or contact Nydia Cabra at nydialisette2000@hotmail.com for more information.

Kim Detwiler was hired as an Assistant Athletic Trainer at The University of Texas at Austin. She will work with the Longhorns softball team as she replaces Daniel Ruiz who took a position with the minor league affiliate for the

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New York Mets in the Dominican Republic. Detwiler was an Assistant Professor of Athletic Training and an Assistant Athletic Trainer at the University of La Verne in California.

Dana Bates was hired as an Assistant Athletic Trainer and Clinical Coordinator for The University of Texas at Austin. Dana comes to UT from the Nebraska Wesleyan University where she served as the ATEP Director. She replaced Donald Nguyen who joined UT's athletic training staff on a full-time basis working with the football team.

On Monday, January 31st, the House went into session at 1:00pm. The Vandegrift Sports Medicine has filed House Resolution 225, to acknowledge the Vandegrift visit to the Capitol on that



date. We have also arranged to have the Resolution considered on the floor of the House that afternoon. After the reading Representative Howard recognized the group from the floor. Shortly after the recognition, the Representative stepped off of the House floor to briefly meet and take a picture with the group.

If you would like to see your news from region 8 featured in the TSATA Newsletter, email T.R. St. Charles at:

wtx.edu

Region 9

ZIP Codes:

78332-78599 & 78820-78999

Lee Knox is your Region 9 Director for TSATA. If you have any questions, please feel free to contact him at 361-533-2587.

Region 9 would like to recognize 6 students who received the Academic All State Award. Trevor Finster and Alexandra Weed of Calhoun High School

received the award and are sponsored by Frank Parker. Kanasha Bell of H.M. King High School is sponsored by Cody Smiley and Sandy Garza of Johnny Economedes High School sponsored by Daniel Etua also received the award. Alysa Horner of Port Isabel High School, sponsored by Esotarya Mitchell and Orlando Noyola II of PSJA Memorial High School sponsored by Joanna Ruiz also received the Academic All State Award.

The Coastal Bend Athletic Trainers Society will be hosting its annual student athletic trainer workshop on April 16th. To find more information regarding this workshop, visit www.cbats.us.

In other CBATS news, the annual fishing tournament will be June 18. More information will soon be posted to www.cbats.us.

If you would like to see your news from region 9 featured in the TSATA Newsletter, email Shawn Osowski at: sosowki@bisd.us

TSATA now offers official apparel!

If you are interested in purchasing TSATA apparel, please visit:

http://www.mesquitesports.com/shop/-c-246_252.html



TSATA Hard at Work for the Texas Athletic Trainer

TSATA Executive Director – Spanky Stephens

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TSATA Vice Chair – Scott Galloway

TSATA Secretary/Treasurer – Josh Woodall

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Region 7 Director – Josh Woodall; jwoodall@tsata.com

Region 8 Director – Brian Farr; bfarr@mail.utexas.edu

Region 9 Director – Lee Knox; ccisdtrainerlee@yahoo.com

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University and College Committee – Mike Terrill; mterrill@hputx.edu

Secondary Schools Committee – Jeff Mann; ssatc@tsata.com

TEA Curriculum Committee – Dennis Hart; dhart@mesquiteisd.org

Governmental Affairs Committee – Dawn Allen; dawn.allen@leanderisd.org

Public Relations Committee – Jamie Woodall, publicrelations@tsata.com

Visit www.tsata.com and click on the ‘committees’ tab for detailed information regarding the different committees, including mission statements, regional representatives and contact information.

You can also find detailed information regarding the Board of Directors on the TSATA website by clicking on the ‘administrative’ tab.

If you have any general questions or comments, TSATA would love your feedback! You can utilize the ‘contact us’ tab to send in your question or comment, and you will receive a prompt response.

www.tsata.com offers a variety of information for the Texas Athletic Trainer. If you get a chance to browse the website, you are sure to find it valuable!

Not sure what region you are in? go to www.tsata.com and click on the ‘administrative’ tab and scroll to the bottom. There you will find a map and a breakdown of regions.

New Membership/Renewal Form

The TSATA membership fee is \$50.00. Complete this form and mail it to TSATA at the address listed below with a check or money order for \$50.00. Please make a copy for your records. Make checks payable to: Texas State Athletic Trainers Association.

Mail to:

Texas State Athletic Trainers Association
c/o Spanky Stephens

1676 Coushatte Rd.

Bellville, Texas 77418

866-886-1688

I, _____ would like to join the Texas State Athletic Trainers Association for the year 2009. Please add my name to the membership list with my address given below and phone number.

Address:

Phone:

Email:

Employment Setting:

Fill Out, Tear Off and Mail In Today to Renew your Membership!